



Join us for an Open House

# UPMC Western Behavioral Health Child and Adolescent Services

East Carson Street on Pittsburgh's South Side

**Services Include:** (See back for more detail)

- Center for Autism and Development (CADD)
- Early Intensive Behavioral Intervention (EIBI)
- Therapeutic Early Autism Program (TEAP)
- Theiss Nursery Preschool
- Theiss Early Childhood Mental Health (ECMH)
- Child and Adolescent Trauma Services
- Theiss Interactive Mobile Parent and Child Therapy (IMPACT)
- Cool Zone
- New and Expectant Specialized Mothers Treatment (NEST)

**January 26, 2023 • 2 to 5 p.m.**

**2 – 3 p.m.** • Tours

**3 – 3:30 p.m.** • Program

**3:30 to 5 p.m.** • Tours

**UPMC Western Behavioral Health**

2400 East Carson Street

Pittsburgh, PA 15203

Please RSVP by January 22, 2023 by emailing [pruttingkt@upmc.edu](mailto:pruttingkt@upmc.edu)  
or calling **412-246-5031**.

UPMC Western Behavioral Health Child and Adolescent Services at East Carson Street offers improved access and convenience. Patients and families receive services in a pleasing environment with ample space to complement the excellent clinical care. Services include:

**Center for Autism and Developmental Disorders (CADD)**

CADD provides specialized behavioral health care for individuals with autism spectrum disorder (ASD) and intellectual disabilities, assisting people with ASD at every stage of life.

**Early Intensive Behavioral Intervention (EIBI)**

EIBI delivers intensive one-on-one behavior support for young children up to age five diagnosed with ASD and developmental disorders.

**Therapeutic Early Autism Program (TEAP)**

TEAP offers intensive treatment in a preschool setting for children diagnosed with ASD and developmental disorders. This includes Applied Behavior Analysis throughout the day via small group settings and daily one-to-one intensive teaching sessions.

**Theiss Nursery Preschool**

Individualized, child-centered, and family-focused behavioral health treatment is delivered within a stimulating, naturalistic early learning classroom environment for children ages three through six with significant emotional and/or behavioral health disorders.

**Theiss Early Childhood Mental Health (ECMH)**

ECMH provides comprehensive and developmentally appropriate diagnostic evaluations and effective, evidence-based treatment options designed specifically for young children from infancy through age seven experiencing behavioral health problems such as anxiety, depression, aggression, and impulsivity, and/or significant trauma.

**Child and Adolescent Trauma Services**

Services include comprehensive and developmentally appropriate diagnostic evaluations and effective, evidence-based treatment designed specifically for children and adolescents experiencing the effects of complex trauma and exposure to traumatic events such as abuse and neglect.

**Theiss Interactive Mobile Parent and Child Therapy (IMPACT)**

IMPACT is mental health treatment and consultation for the child, child's family, and caregivers in the community in which they work and live. The program is for young children with a diagnosed mental health disorder, such as disruptive behavior disorder, depression, anxiety, ADHD, or deemed at risk for mental health disorders.

**Cool Zone**

Cool Zones offer behavioral health treatments that are family-focused, multiculturally-sensitive, strengths-based, and trauma-informed for children ages three through eight experiencing behavioral health problems that include hyperactivity, impulsivity, aggression, social skills deficits, anxiety, depression, trauma, and other issues. COOL Zone programs are a collaboration with the Pittsburgh Penguins Foundation.

**New and Expectant Specialized Mothers Treatment (NEST)**

Women who are pregnant or up to one year postpartum experiencing acute symptoms and crisis behaviors such as severe mood disorders receive short-term comprehensive outpatient treatment. Newborns are welcome to join.

To find out more about these services, or to refer a patient, call the UPMC Western Behavioral Health Child Services central call line at 412-235-5444.

