

# **EDUCATION AND CONSULTATIVE SERVICES**

of UPMC Western Psychiatric Hospital

**UPMC** | **WESTERN PSYCHIATRIC  
HOSPITAL**

## ***“CHAMPIONS”***

***(Clinical Homicide & Aggression Management Practices for  
Inpatient, Outpatient & Nontraditional Settings)***

***July 25, 2023***

***(EC17)***

***7:30 AM – Registration***

***8:00 AM to 4:30 PM – Program***

***Herberman Conference Center at UPMC Cancer Pavilion***

***UPMC Shadyside***

***Second floor***

***5150 Centre Ave.***

***Pittsburgh, PA 15232***

***Course Director:***

***Jack Rozel, MD, MSL***

## **INTRODUCTION**

At the most basic level, this program is intended to help you improve your competence and confidence in recognizing and managing violence risk across a variety of clinical settings. Just as most agencies expend considerable resources to develop staff skills around suicide risk management, this training is intended to provide similar tools for violence risk management. Initially built to the needs of crisis work, the training has been adapted for use in other clinical settings.

## **TARGET AUDIENCE**

Health providers in mental health, addictions, primary care and emergency medicine who are interested in effectively recognizing and managing people at risk of violence.

## **OVERALL GOALS OF THE “CHAMPIONS” TRAINING PROGRAM**

- Impart a practical, memorable, and usable framework for recognizing and managing violence risk in clinical settings.
- Create training that engages and uses multiple learning styles for adult / professional learners.
- Provide a training experience that is interactive, timely, engaging and enjoyable.
- Use recovery and risk-mindful values in the training.
- Deliver content that is in full alignment with clinical best practices and institutional standards.
- Prepare clinicians for direct work and decision-making while emphasizing and supporting clear pathways for consultation.
- Support clinicians with the personal impact of working with people who may be violent or may be perceived as violent.
- Provide training and resources that are accessible to new hires and useful to seasoned professionals alike.

## **FORMAL LEARNING GOALS**

***At the completion of the program, participants should be able to:***

1. Explain the sources and impact of the myth of the “dangerously mentally ill.”
2. Apply the risk factors of history and hostility in the clinical assessment of violence risk.
3. Develop a safety plan targeting dynamic risk factors for violence.
4. Explore reasons consumers may have for owning firearms and effectively discuss safer storage strategies with them.
5. Explain the impact of stress on clinical performance and identify basic strategies for improved self-care.

## Course Director and Committee

### Course Director



**John "Jack" Rozel, MD, MSL**

*Medical Director, Resolve Crisis Network*

*UPMC Western Psychiatric Hospital*

*Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine*

*Adjunct Faculty, University of Pittsburgh School of Law*

*Affiliate Faculty, University of Pittsburgh Center for Bioethics and Health Law*

*Pittsburgh, PA*

Dr. Rozel has been working in emergency mental health for over 25 years and has been the medical director of the Resolve Crisis Network since 2010. He is the President-Elect of the American Association of Emergency Psychiatry, the leading national organization dedicated to the improvement of compassionate, evidence-based care for people with psychiatric emergencies. As the medical director of Resolve Crisis Network, he leads a team of 140 crisis professionals who deliver over 130,000 services every year to the residents of Allegheny County through phone, mobile, walk-in and overnight programs delivered through a person centered, recovery-oriented model. He is board certified in general, child and forensic psychiatry.

Dr. Rozel regularly provides clinical and didactic training to medical students, residents, and fellows at the University of Pittsburgh School of Medicine; mentors graduate students through the Center for Bioethics and Health Law; co-teaches the Mental Health Law course at the School of Law; and teaches regional law enforcement professionals through the Crisis Intervention Team training program. He speaks regularly at national meetings on the themes of emergency psychiatry, risk management, violence, and the interface of law and psychiatry. He is the creator of the Clinical Homicide and Aggression Management Practices for Inpatient, Outpatient and Nontraditional Settings (CHAMPIONS) training.

Dr. Rozel earned a bachelor's degree in Biomedical Ethics and his MD at Brown University. He received a Master of Studies in Law from the University of Pittsburgh. He completed his general psychiatry residency and child and forensic psychiatry fellowships at Western Psychiatric Institute and Clinic of UPMC. Dr. Rozel chairs the Legislative Affairs Subcommittee of the Mental Health and Justice Advisory Committee for the Pennsylvania Commission on Crime and Delinquency. In addition to being a Fellow of the American Psychiatric Association, he is an associate member of the Health Law Section of the American Bar Association and the Physicians' Section of the International Association of Chiefs of Police.

Dr. Rozel is the supervising psychiatrist at the Shuman Juvenile Detention Center in Allegheny County, a clinic operated through Resolve Crisis Network and Western Psychiatric Hospital. He has worked in a variety of correctional healthcare settings in Pennsylvania, New York, and Rhode Island with juveniles and adults including specialized programs for fire setters and sex offenders.

## **Committee Members**

**Noreen Fredrick, DNP, RN**

Vice President, Ambulatory and Community Behavioral Health Services  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

**Kelly O'Toole, MSW, LCSW (Course Director) (She/Her/Hers)**

Director of Clinical Care Services, Adult Services  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

**Tiffany Painter, LCSW**

Program Director  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

*Additional information regarding the speaker and presentation is available by contacting Nancy Mundy at [mundnl@upmc.edu](mailto:mundnl@upmc.edu).*

## Schedule – July 25, 2023

### Herberman Conference Center, Pittsburgh, PA

7:30 a.m.	<b>Registration and Continental Breakfast</b>
8:00 to 9:15 a.m.	<b>Introduction – Dr. Rozel</b> <ul style="list-style-type: none"><li>○ <i>Debunking the Myth of the Dangerously Mentally Ill</i></li><li>○ <i>Mental Illness in Criminal Justice and Corrections</i></li><li>○ <i>Victimization of People with Mental Illness</i></li></ul>
9:15 to 9:30 a.m.	<b>Break</b>
9:30 to 11:00 a.m.	<b>Conceptualizing Risk and Violence – Dr. Rozel</b> <ul style="list-style-type: none"><li>○ <i>Managing Violence Risk</i></li><li>○ <i>Documenting Formulation</i></li></ul>
11:00 to 11:15 a.m.	<b>Break</b>
11:15 a.m. to 12:00 p.m.	<b>Gun Access and Safety Issues – Dr. Rozel</b>
12:00-1:00 p.m.	<b>Lunch (on your own)</b>
1:00 to 2:00 p.m.	<b>Violence History – Dr. Rozel</b> <ul style="list-style-type: none"><li>○ <i>Hostility, Threats and the MSE</i></li></ul>
2:00 to 2:15 p.m.	<b>Break</b>
2:15 to 3:15 p.m.	<b>Other Risk Factors – Dr. Rozel</b> <ul style="list-style-type: none"><li>○ <i>Duties to Third Parties</i></li></ul>
3:15 to 3:30 p.m.	<b>Break</b>
3:30 to 4:30 p.m.	<b>Consultation and Institutional Policies – Dr. Rozel</b> <ul style="list-style-type: none"><li>○ <i>Situational Awareness for Clinicians, Security, Self-Care and Mutual Support</i></li></ul>
4:30 p.m.	<b>Adjournment</b>

## Continuing Education Credit Information

### Physician (CME)

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physician (CME)

The University of Pittsburgh designates this live activity for 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

### Nurses (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 6.5 contact hours.

### Psychologists



As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 6.5 continuing education credits.

### Counselors



UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for a maximum of 6.5 continuing education hours.

### Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 6.5 continuing education credits.

### Other Professionals

Other professionals are awarded .65 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.

1. NBCC and General CEU – Participants will be awarded continuing education contact hour(s) certificate four to six weeks post-conference via e-mail. Please keep these certificates in a safe place. Replacements will cost \$30.
2. CME, ANCC, APA and LSW/LCSW/LPC/LMFT certificates will be issued from the CCEHS registration site.
3. Completing the evaluation is not required, however it is encouraged.
4. Continuing education credits are awarded when a participant attends for the full day. Partial credits are only available for CME.
5. **Please be aware that if you have until August 25, 2023 to complete an evaluation if you choose. It will close on August 25, 2023.**

## Registration Information

Please register by July 7, 2023 at [July 25, 2023 - Clinical Homicide & Aggression Management Practices for Inpatient, Outpatient & Nontraditional Settings "CHAMPIONS" \(EC04\) | UPMC - Center for Continuing Education in the Health Sciences](#)

Or <https://cce.upmc.com/content/july-25-2023-clinical-homicide-aggression-management-practices-inpatient-outpatient#group-tabs-node-course-default1>

When registering, please select the appropriate option.

- Non-UPMC participants \$60
- UPMC staff (with CE/CME credit) \$55
- UPMC staff (no CE/CME credit) \$50
- STUDENTS (no CE/CME credit) \$15

**Tuition includes:**

- All registration and conference materials
- Light breakfast
- Continuing education and CME credits at the \$55 and \$60 level

**Full tuition must accompany registration.** A \$15 administrative fee will be deducted from all refunds for cancellations. **Refunds cannot be issued once the program has begun.**

***Masks are required except when eating or drinking.***

***UPMC WBH employees who would like to be sponsored by their department can request this from their manager. Please have your manager complete the form found [here](#). Participants paying with a Departmental Transfer will still need to register online with the code found on the form at the link above, which will bring your conference fee to \$0. Your department will be charged. Your work e-mail address will need to be used when registering. All registrations with this code will be matched against the department transfers that are sent to us from your supervisor or manager.***



*We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by contacting Nancy Mundy at [mundnl@upmc.edu](mailto:mundnl@upmc.edu).*

## Directions:

### **From the north (North Hills, Zelienople)**

Take Interstate 279 South to Exit 8B (Route 28 North). Follow Route 28 North to the 40th Street Bridge. Cross the bridge and continue on 40th Street to Liberty Avenue. Turn left onto Liberty and continue to Centre Avenue. **Centre Avenue Parking Garage:** At Centre Avenue, turn right, go to the first traffic light, and turn left into the Centre Avenue Parking Garage.

### **From the northeast (Allegheny Valley, Kittanning)**

Take Route 28 South to the Highland Park Bridge. On the bridge, get into the left lane and follow the Washington Boulevard ramp. As you exit the ramp, stay in the right lane. Just before the traffic light, veer right onto Washington Boulevard, and travel straight through four traffic lights (about two miles). At the fourth traffic light, cross Penn Avenue, continuing straight onto Fifth Avenue. Continue on Fifth to S. Aiken Avenue and turn right. **Centre Avenue Parking Garage:** Continue on S. Aiken to the third traffic light and turn left onto Centre Avenue. At the first traffic light, turn left into the Centre Avenue Parking Garage.

### **From the east (Monroeville, Greensburg)**

Take the Parkway East (Interstate 376) to Exit 7 (Edgewood/Swissvale). At the end of the exit ramp, turn right onto S. Braddock Avenue. Go approximately two miles and turn left onto Penn Avenue. At the intersection of Penn and Fifth avenues, turn left onto Fifth Avenue. Continue on Fifth to S. Aiken Avenue and turn right. **Centre Avenue Parking Garage:** Continue to the third traffic light on S. Aiken and turn left onto Centre Avenue. At the first traffic light, turn left into the Centre Avenue Parking Garage.

### **From the south (South Hills, Washington, Pa.)**

Take Route 51 North or Route 19 North through the Liberty Tunnels and cross the Liberty Bridge. Take the Bigelow Boulevard exit and continue on Bigelow to Centre Avenue. Turn left onto Centre and continue past Morewood Avenue. **Centre Avenue Parking Garage:** At the first traffic light past Morewood, turn right into the Centre Avenue Parking Garage.

### **From the west (Route 60, Pittsburgh International Airport)**

Take Interstate 279 North. Get into the right lane before you pass through the Fort Pitt Tunnels. As you exit the tunnel, take the exit ramp for Interstate 376 East (Monroeville). Follow Interstate 376 to Exit 2A (Forbes Avenue/Oakland). Continue on Forbes Avenue through Oakland and turn left at N. Craig Street (just after the Carnegie Museum of Art). Make a right turn onto Fifth Avenue, continue to S. Aiken Avenue, and turn left. **Centre Avenue Parking Garage:** Continue on S. Aiken to the third traffic light and turn left onto Centre Avenue. At the first traffic light, turn left into the Centre Avenue Parking Garage.