

EMDR THERAPY

PART I TRAINING

ABOUT THE TRAINING

Eye Movement Desensitization and Reprocessing (EMDR) Therapy is one of the most researched and utilized methods in the treatment of post-traumatic stress disorder (PTSD) and other forms of human distress connected to trauma and adverse life experiences.

Whether your goal is to become an EMDR therapist as a specialty, or to integrate EMDR into your existing practice, our mindfulness-infused training program will help you meet your goals. This program equips you to work with real-world clinical presentations from day one, including how to handle complex and developmental trauma, addressing dissociation, and implementing EMDR into your current setting.



Amber Stiles-Bodnar is an EMDRIA Approved Consultant, Therapist and Trainer and offers the curriculum of The Institute for Creative Mindfulness (EMDRIA #10002) where she is a senior faculty member.

Completing this EMDRIA approved foundational training in EMDR Therapy, is a multi-tiered process, consisting of Part I, Part II, and 10 required consultation hours).

Amber is a Master EMDR Therapist specializing in complex trauma, abuse, codependency, professionals in high-risk occupations, LGBTQIA+ identified individuals, and the intersection between trauma, addiction and high risk lifestyles. She is the Clinical Director of Blue Star Counseling and Wellness, in Cortland, Ohio. Amber has a history of working in community mental health, integrating trauma informed care standards throughout agencies. She provides numerous trainings focusing on the effects trauma and the treatment needs of individuals and families at the local, state and national level.



2023

PART I

OCTOBER 6TH - 8TH

8:30AM TO 5:00PM

REGISTRATION BEGINS AT 8AM

PART I TRAINING IS 3 DAYS TOTALING 21 CE CREDITS WITH
OCSWMFT, NBCC, & APA APPROVALS
THIS IS AN EMDRIA APPROVED TRAINING

PARTNERS FOR QUALITY

250 CLEVER ROAD
MCKEES ROCKS
PA 15136



\$650

TRAINER

AMBER STILES-BODNAR

MSED, LPCC-S, LCDC III
MASTER EMDR CERTIFIED
THERAPIST/CONSULTANT
AND TRAINER

HOSTED BY



Favored Wellness
Counseling and Consulting, LLC



Wellness Warrior Group

**CORRESPONDING EMDR
THERAPY TRAINING PART II**

APRIL 5TH - 7TH 2024

FOR INFO & REGISTRATION VISIT

AMBERSTILESODNARCONSULTING.COM/TRAININGS